**Prescribe Culture Gatherings September - December 2024**

Prescribe Culture Gatherings have one purpose – to support mental wellbeing and increase sense of connectedness by providing monthly opportunities for people to come together, meet new friends and socialise, with and through, culture and coffee. All Prescribe Culture Gatherings consist of a cultural activity that is free or low cost, and always includes a window for coffee and chat, at a café in the area.

The activities are all things open to the public so if you enjoy the experience and/or visit as part of a Gathering, you can head along to the same spaces and venues, in your own time, solo or with others, again and again.

All Prescribe Culture members are very welcome to bring along a friend, if they wish. However, the Gatherings are supported by a host who will ensure everyone feels welcome and there is a relaxed and informal way of introductions to all those gathered. To register interest and receive more information on the Gatherings, simply email

[PrescribeCulture@ed.ac.uk](mailto:PrescribeCulture@ed.ac.uk)

|  |  |  |
| --- | --- | --- |
| **Gathering Date/Time** | **Gathering Activity** | **Gathering Place** |
| Tuesday 3 September  5.15 - 6.45pm | **Images of Italy – A Visit to the National Library**  We’ll leave Scotland for a few hours and immerse ourselves in Italy, of the past and then enjoy reviewing the experience over a nice Italian coffee.  [Images of Italy (1480 to 1900) | National Library of Scotland (nls.uk)](https://www.nls.uk/whats-on/images-of-italy-1480-to-1900/) | National Library of Scotland  George IV Bridge |
| Thursday 3  October  4-5.30pm | **Panoramas: The World in 360**  Have you experienced the world in 360 recently?  This exhibition explores the work of Robert Barker and the development of the first virtual reality experiences. | Main Library Exhibition Gallery  UoE Main Library  George Square |
| Saturday 16 November  1pm – 5pm | **St Cecilia’s Big Celebration Day**  Come along for some or all of this fun afternoon which is all about celebrating the eclectic mix of community music-making that goes on across Edinburgh on a weekly basis. We’ll have a dementia choir, a community big band, some world music and the Recovery through Music group, to name a few acts | St Cecilia’s Hall & Music Museum  Niddry Street |
| Saturday 7  December  2.30-4.30pm | **40 Years of Scotland’s Photography Collection**  Discover the stories within the photographs, marvel at historic photographs and visit some famous faces in a celebration of the country’s photography collection  [Celebrating 40 Years of Scotland’s Photography Collection | National Galleries of Scotland](https://www.nationalgalleries.org/exhibition/celebrating-40-years-scotlands-photography-collection) | National Portrait Gallery  Queen’s Street |