**Prescribe Culture Gatherings Feb-June 2025**

Prescribe Culture Gatherings have one purpose – to support mental wellbeing and increase a sense of connectedness by providing monthly opportunities for people to come together, meet new friends and socialise, with and through, culture and coffee. All Prescribe Culture Gatherings consist of a cultural activity that is free or low cost, and always include a window for coffee and chat, at a café in the area.

The activities are all things open to the public and free, so if you enjoy the experience and/or visit as part of a gathering, you can head along to the same spaces and venues, in your own time, solo or with others, again and again.

All Prescribe Culture members are very welcome to bring along a friend, however, the Gatherings are supported by a host who will ensure everyone feels welcome and there is a relaxed and informal way of introduction for all those gathered. To register interest and receive more information on the Gatherings, simply email

[PrescribeCulture@ed.ac.uk](mailto:PrescribeCulture@ed.ac.uk)

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| **Gathering Date/Time** | **Gathering Activity** | **Gathering Place** |
| Saturday 22nd Feb  11am-1pm | **Popping into the Flea Market**  Come visit the ever-popular Flea Market filled with pre-loved clothes, jewelry, antiques, books, bric-a-brac and other collectibles.  We’ll wrap up the morning with hot drinks at a nearby cafe. | Out of the Blue Drill Hall, 36 Dalmeny Street |
| Saturday 15th Mar  1-3pm | **A visit to The Writers’ Museum**  Explore the lives of the giants of Scottish literature at the Writers’ Museum, in the Old Town. We’ll then head to the nearby Deacon’s House Cafe for coffees and conversation. | The Writers’ Museum,  Lady Stair’s Close |
| Sunday 30th March  5-7pm | **Concert at St Giles Cathedral**  Coffee and banter to begin with, in Starbucks near St Gile’s and then we’ll stroll uphill to the cathedral in time to take our seats and discover the rich musical talent of the local police community.  [St Giles' at Six: Edinburgh Police Choir Stuart Murray Mitchell - Director — St Giles Cathedral](https://www.stgilescathedral.org.uk/whatson/st-giles-at-six-edinburgh-police-choir-stuart-murray-mitchell-director) | Starbucks next to The Tron Kirk on High Street |
| Sunday 17 May  2-4pm | **A visit to the Botanic Gardens**  Pop along for a captivating tour at the world-famous Royal Botanic Garden Edinburgh. Explore an extravagant collection of plants from across the globe, discover the Garden's rich history dating back to the 17th century, and enjoy the Living Collection. | East Gate  Botanic Gardens  Inverleith Row |
| Wednesday 11 June  4.45-6.45pm | **A visit to the Anatomical Museum**  Get a behind-the-scenes look at the Anatomical Museum at the University of Edinburgh, with curator, Malcolm McCallum. The museum is home to one of Scotland’s largest and most well-preserved anatomy collections. From specimens dating back 300 years to the notorious skeleton of serial killer William Burke, this tour offers a fascinating glimpse into medical history. | Outside Archway  Old Medical School  1 Teviot Place |
| Saturday 5 July  11am-1pm | **Pastries and Pre-Loved Books**  Stockbridge is slightly out of the city centre but so worth a visit. On this Gathering we’ll take a stroll around this ‘village’, browse the many second-hand bookshops and enjoy coffee in one of the many delightful cafes. | Gathering outside Pantry  Corner of Royal Circus / North West Circus Place |